



Lambda Ladies



The Delta Kappa Gamma Society International

Editor: Clair Wiles

Lambda Chapter, Eugene, Oregon

CONVENTION COMES TO TOWN!!

Alpha Rho State President Alice Hartness-Reichle reflects on her tenure and convention:

I will first thank you for your dedication and commitment to our state and our Society, serving as your chapter’s president. Some of you have done this a number of times and this is truly commendable. I have enjoyed getting to know each of you and have been blessed with being able to visit with so many of your chapters this year. . .

I thank you, too, for helping to make our state convention in Eugene be such a success! History was made as we, for the first time ever, sponsored a community event, applied for grants to make it happen, dived into the world of finding local sponsors, attracting media attention, and having the end result be a WOW MOMENT for our state! Please know that International has taken notice of this effort, and we are actually the FIRST state to sponsor an educational community service event such as was done!!! Eugene Ladies and State Convention Coordinator, Kathy Martell, are to be congratulated for their forward thinking and for their fearlessness when I asked for them to “think outside the box” and go for it!

“The Posers”

Thank you, outgoing Secretary Rosemary Erb and incoming Vice-President Clair Wiles for representing Lambda Chapter at the Presidents' Procession before the Saturday night convention banquet.



Dolls for Africa ! Although dismayed that the hand-crafted dolls were not for sale, Delta Kappa Gamma embraced the Dolls for Africa project! At the March joint meeting, Lambda, Gamma, and Alpha Sigma chapters made 29 dolls for the Schools in Africa project. The dolls were delightful, and members enjoyed the work party.



Genevieve Barham and Carol Adams. Congratulations, Genevieve, for earning your 50 YEAR DKG certificate! Carol, thank you so much for bringing Genevieve to the luncheon so that she could be honored with a standing ovation as she received her certificate.

Mission Statement: The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Mary Koritnik Kicks Off Her First Convention By Making Radio Waves!

Watch for Lambda member Mary Koritnik's article in The Trail. Mary wrote about being a first-time convention attendee--with many pre, during, and post-convention responsibilities.

In fact, Mary blazed new trails by contacting the media, writing Public Service Announcements, doing live interviews, and arranging coverage for Gabrielle Ford's school visits.

An excerpt from Mary's article:

In conclusion, my impressions of the convention as a new attendee were formed during the meals I shared with DKG sisters. I was a table hostess for the Birthday Lunch and at the Banquet. I was nervous at first, but the lovely women I met were so cordial that I relaxed immediately. Asking about first conventions and years in DKG gave me a perspective of our organization I'd never have gotten otherwise. To those who shared your story with me, I am most grateful. I will cherish the memories made in the whirlwind of activity that was the convention for me. I can't pick a favorite moment, but hearing the sweet voices of the Dublinaires on Saturday evening was right up there. I had a few former students recognize me before they sang, and that made it even sweeter. And the quick little video of the frog that was done for President Alice—what a hoot! Now that a few weeks have gone by, I've gotten some rest and am back to normal activity, not needing to call a tv station or email public service announcements to anyone. I do have one regret, I didn't get to buy a ribbon badge, but now I know where to get one next time for my two DKG pins. And I have another "first" to add to my DKG scrapbook!



Yvonne Fasold and Mary Koritnik show off their "mountain squiggles" after a Leadership presentation. Now we know why they were able to think outside the box for "Gabe and Izzy-America's Voice for the Bullied." Yvonne made Gabrielle's travel and speaking arrangements, and spearheaded local fundraising for bringing her from Michigan. Mary, Co-chair of Convention Publicity, contacted the local media, responding to all calls and e-mails resulting from the stories and PSAs.



During the convention Birthday Luncheon, Lambda received a Rosette Award and an "Outstanding Newsletter Award."
CONGRATULATIONS LAMBDA CHAPTER!

The Ladies Who Made Convention Happen!

THANKS to all of the Lambda Ladies who made our State Convention a huge success! Members helped before, during, and after the convention. Some members had conflicts that prevented their physical attendance, but they helped in advance in several ways. Lambda Chapter also donated \$150.00 toward the community service event "Gabe & Izzy – America's Voice for the Bullied," which was the first project of its kind.

We are very proud of **Darby Tracy**, who volunteered to be Convention Co-Chair. Darby, in turn, thanks all of us: "My name may have been listed as co-chair, but your hard work and teamwork made the convention a success. I can not tell you how much you are appreciated. Thank you all."

Marj Maxwell, Convention Decorations chair, thanks all who prepared decorations in advance and those who helped set up during Convention. **Guadalupe Jones** created the table place-name cards. "It was a true team effort."

Kudos and thanks to **Mary Koritnik** and **Dr. Yvonne Fasold**, who arranged for Gabrielle Ford's presentations, including media announcements and stories about her anti-bullying message.

Thanks to all who helped with registration, tours, silent auction, workshops, PDUs, the "Gabe & Izzy" public event, decorations and hostessing. To ALL, for ALL that you did, sincere thanks.



Kidnapped at Convention

Our newest member, **Nancy Schaal-McHarry** of Monroe Middle School, generously agreed to be a workshop facilitator with colleague **Dorothy Syfert**. They were surprised when our International guest, Northeast Regional Director Dr. Lyn Schmidt, kidnapped Nancy for a different workshop. Dorothy capably handled both roles, workshop facilitator and PDU helper.

Nancy was kidnapped for Dr. Schmidt's workshop "Intergenerational Cooperation." Dr. Schmidt spotted Nancy because of her young age, and knew that Nancy would be a great representative of "The Millennial" generation, providing important contrasts in views. In her workshop, Dr. Schmidt demonstrated that people of different generations have differing viewpoints and working styles.

Our challenge as colleagues and leaders is to understand how all ages can work together with energy, insight, and productivity. One way to start the process of working with different generations is to survey our chapters and adjust programs according to what we learn from the survey results.

Another way of including all generations is exactly what we do with our Lambda Planning Meeting. (Be sure to come June 21st!) At our planning meeting, all members suggest programs and some also volunteer to present programs. As a result, Lambda's programs are diverse and interesting.



Nancy Schall-McHarry, Helen Kappler, Tigard, Alpha Rho State's "Service to Society" Honoree and Yvonne Fasold.

Out of the Box with Gabe & Izzy

When I volunteered last August to coordinate speakers for our 2012 State Convention, I had no idea that I would work so hard and learn so much! I have lots of contacts in the education world and simply wanted to help Darby and Sandra, who had boldly volunteered to be Convention 2012 Co-Chairs. What an educational journey it has been!



Gabrielle Ford, Dinah and Rick Hillman, Gabe's stepfather.

Alpha Rho State President Alice Hartness-Reichle challenged us to “think outside of the box.” She gave me the contact information for Gabrielle Ford. Convention Planning Group members said, “Gosh, while Gabe is here, wouldn’t it be great if she could speak at some local schools?”

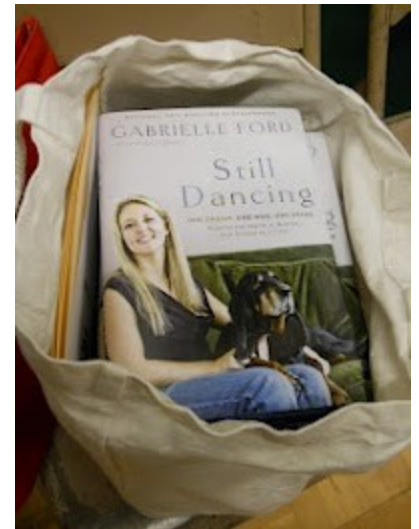
From these innocent beginnings began the work of scheduling her visit, writing grants, writing letters, contacting businesses and individuals for donations, making travel arrangements, learning about accessibility and travel with a service dog, writing and responding to a bazillion e-mails, working with **Mary Koritnik** to contact and meet with the media, doing a 10-minute live interview with Mary on KRVM radio, coordinating with other chapter members and our Lambda techie **Clair Wiles** to create the Friday night program, tickets, and PDU certificates,

recruiting volunteers to help before, during, and after Gabe’s presentations, and going with Gabe, Dinah, Rhonda and Rick to each school, presentation, and live interview. It was positively exhilarating! As Gabe’s book title indicates, I am also “Still Dancing.”

While she was here, Gabe spoke to about 830 students at Hamlin and McCornack, plus 300 adults at schools and the DKG convention. That means that 1,130 people heard and will spread her anti-bullying message. In addition, thousands more heard her message on KMTR, KVAL, KRVM, KLCC, the Register Guard and the Springfield News.

Did you know that our project was a FIRST??!! Our International guest Dr. Lyn Schmidt told us, “I have never seen a state organization expand their convention into a community service event, bringing an important message directly to the schools.”

The DKG Educational Foundation—Cornet Seminar Awards committee wrote, “I want to congratulate you on providing this activity, not only for the teachers in Alpha Rho State, but for the students and their parents who were touched by the presentation as well.”



Bringing “Gabe & Izzy – America’s Voice for the Bullied” to Eugene for our convention has been both satisfying and emotional: Satisfying because we brought an important message to our community; emotional because of the reactions of the students when Gabe shared her personal story. Thank **YOU** for helping create a new paradigm for DKG conventions/conferences and for helping DKG touch lives.

Written humbly, sincerely, and enthusiastically by Dr. Yvonne Fasold



Hamlin Middle School students listen attentively to Gabe's presentation.

Dolls for Africa



Karen Olsen, Alpha Rho State International Projects Chairman. Karen arranged the convention workshop, displays, and sales of handcrafted jewelry for the "Schools for Africa" International Project.



Jodi and Bev Emmons stuff the their dolls with love.



Sue Colvin and Ruth Michaelson demonstrate their seamstress skills!

May Meeting-Heart Health

Our May meeting, held at Riverbend Hospital, was an enjoyable combination of learning and celebrating. We thank our outgoing officers for their service, and assure our incoming officers that we are here to support them. Our program was presented by Nancy Graham, dietitian at the Oregon Heart & Vascular Institute at the hospital. Nancy provided valuable information, gave us handouts, and took us on a tour of their rehabilitation and fitness areas. She explained that it is important to "Know Your Numbers" and gave us a chart giving the optimal level for each risk factor. She encouraged us to:

- exercise (20-25 minutes of walking daily, for example)
- lose weight if needed
- stop smoking
- watch our sugar and salt intake
- eat more fish and fewer fats
- drink plenty of water
- downsize our portions
- eat a high fiber diet that includes five cups of fruits and vegetables daily

HEART ATTACK symptoms for women may be subtle:

- Feeling breathless
- Flu-like symptoms
- Unexplained fatigue, weakness or dizziness
- Pain in the upper back, shoulders, arm, neck or jaw
- Feelings of anxiety or doom
- Chest pain

If you experience any of these symptoms, CALL 911. (If you are having nausea or cold sweats, say "Chest Pains" anyway! That gets you immediate care!) **Call Oregon Heart and Vascular Institute at Riverbend (541-222-6376) to make an appointment for a *Know Your Numbers* risk factor screening today!**



New Lambda Officers Installed

Co-Presidents: Ruth Michaelson and Sheila Sundahl

Vice-President: Clair Wiles

Secretary: Marj Maxwell

Treasurer: Jane Landrum



Meet Your New Officers

Ruth Michaelson

Though I came to Oregon from Colorado at the age of four, I am a true Oregon Duck through and through. All my life, books were an important part of my life. My grandfather was a teacher and my father a true learner through books. I spent 37 years happily teaching elementary students - my favorite being fourth graders. As a retiree I spend my time reading, gardening, sewing when my hands let me, traveling with my family, playing music with the New Horizons Band, and being with friends.

Sheila Sundahl

I am a transplanted midwesterner who is delighted to live in Oregon. Ever since 5th grade I knew I wanted to teach English and my dream job(s) came true. Not only did I love teaching, but reading, traveling, quilting, socializing with dear friends & family are highlights that continue to make my life very fun indeed.

Clair Wiles

I am a fifth generation Oregonian. I have been teaching for 37 years-it is not that I am bad at math, I just never wanted to do anything else. My stuffed animals were not very apt pupils, but my enthusiasm for teaching never wavered. After high school I joined the Navy as a machinist in order to be able to share a better understanding of the world with my students. I student taught at North Eugene High School and never left. Currently, I teach freshmen world history and Advanced Placement United States History.

Marj Maxwell

An Oregon native and life long teacher (apologies to my cousins, my methods did improve). Teaching middle and high school Family and Consumer Studies (Home Economics) for 35 years allowed a wide breath of subject and depth of involvement with students, business and the community. I continue to enjoy many related topics; being actively involved with family, people, many phases of sewing, gardening, floral design, entertaining, antiquing, professional and civic affairs, learning and my new grandson.

Jane Landrum

I was born in Washington, D.C. and grew up in a small town in Maryland. I attended a State Teacher's College (what else?) and loved teaching in the primary grades. When my children were young, home instruction for the school district gave me flexibility, plus wonderful one-on-one experiences with many special children. I can't believe I have been in Oregon for 30 years, and love it. Even though I am not teaching, I don't want to say I am retired. I still love it.



Kudos to Our Amazing Members

Karen Olsen's play "Peter Pan" at McCornack Elementary featured a talented and energetic cast of almost 50 Fifth Graders who sang, danced, tumbled, flew and crawled to the delight of enthusiastic audiences. As Karen says in her Director's Notes, "It is a playful show full of mischief and fun ... So come with us, where dreams are born...to Never Never Land!" Karen, we are inspired by you!

Martha Humphreys, Willamette High School Culinary Team advisor/coach, is proud to announce that WHS teams A and B earned 2nd and 4th place honors at the Sixth Annual Oregon Coast Invitational culinary competition. Each Team A member was awarded a \$3,000 scholarship and each Team B member a \$500 scholarship to the Oregon Coast Culinary Institute in Coos Bay. Way to go!

Joan Hladky has organized and coached Brain Bowl for years. At the ninth annual countywide tournament held May 5, her Pleasant Hill team A won first place in Division A (sixth grade), and team C placed third. The Pleasant Hill High School team placed third. Joan, we are so proud of your dedication to student enrichment and we thank you for organizing and encouraging county-wide participation.

Dr. Marilyn Williams was recognized by our International Guest Dr. Lyn Schmid. Marilyn was awarded a \$3,000 International Scholarship last year. Congratulations Marilyn! DKG Scholarships are a wonderful way to support and encourage women educators. Who do **YOU** know who should apply for one?



Congratulations to **Priscilla Ing**, Title I teacher at McCornack Elementary School, for being awarded a \$100 Reading and Writing grant from the Emerald Empire Reading Council (EERC). Priscilla used the money to purchase copies of the 16 books being read for the 2012 Oregon Battle of the Books (OBOB) grades 3-5 division. Priscilla writes, "Two 4th Graders and two 3rd Graders, with an alternate 3rd Grader, made us proud. They successfully challenged during the second round and lost the competition by only 3 points. The winners went on to go to the state competition." This was the first time McCornack participated in OBOB, and over sixty students participated.

Wisdom from Corlea Plowman, DKG Executive Director

"I **want** to help; I feel guilty when I say **no**."

Sound familiar?

Read these wise words:

"We all need some time to cycle because our priorities vary as we travel through life's stages. Be ready for the "Yes" when it's time, because the rewards will be many. But please remember that 'not right now' is just as important to everyone's well-being."

As chapter members, we should be alert to and aware of challenges faced by our sisters. We should say, "What can we do for you? It's our turn to help you."

A Salute to Katherine Miles, WWII Aviator



Our friend Katherine Miles, along with other WWII women aviators, are being honored over Memorial Day weekend in Sweetwater, Texas, where they did their training at Avenger Field. The women aviators are being honored by the Sweetwater Women's Air Corps Museum and the Chamber of Commerce. As a Women Airforce Service Pilot (WASP), Kathryn towed targets and ferried planes during the war. Although the WASPs served side by side with their male counterparts and often had better flying records, they had to fight for recognition as members of the military. This recognition is long in coming and well deserved!

CALENDAR OF EVENTS AND TEACHING TIPS

UPCOMING EVENTS

Saturday, June 2nd: 8:00-2:00 Yard Sale at Yvonne Fasold's home, 3046 Bailey Lane Bring your items early or bring them when you come at 7:00 a.m. to help set up.

We need YOU, YOUR ITEMS, and your card TABLES!! Come help earn money for our grant recipient.

Thursday, June 21st: 10:00 Potluck brunch and program planning at Ruth Michaelson's home, 1741 Russet Drive

TEACHING TIPS

Consider having your students write articles and produce a REAL newspaper. They get excited about writing, editing and publishing. They will learn responsibility from their "beat" and their deadlines. Distribute the paper to the school, parents, and community. It's exciting for students to see their writing, drawings, and photos in print!

Remember Gabrielle's challenge: Do at least two acts of kindness every day. Apologize when needed.

Stand up for others. Tell people you will be their friend.

Bullying is a **CHOICE!**



The Delta Kappa Gamma Society International
Lambda Chapter Alpha Rho State, Oregon

www.deltakappagamma.org/OR-lambda

1811 Minda Drive
Eugene, Oregon
97401

Phone: 541-521-8408
E-mail: wilesc@comcast.net

ADDRESS CORRECTION REQUESTED